Pryer rules at Eton

HELEN Pryer shared the top prize from the UK Challenge Final with victory in the women's 200m on Saturday.

The Windsor, Slough, Eton & Hounslow athlete set a stadium record of 23.67 seconds at the Thames Valley Athletics Centre at the end of a long but successful UK Challenge series.

Athletics

Slough, Royal Borough & South Bucks

...best for sport

The McCain UK Challenge Golden Challenge prize fund was split four ways with wins from Pryer, Vicky Griffiths, Carl Myerscough and Michael Allen, in their respective events — all securing a £1,250 share of the £5,000 pot, enough to bring a smile to any competitor on such a gloomy day.

"I was really pleased," said Pryer. "I would have liked to have gone under my PB of 23.50, because that would have meant a little bit more money but I'm still pleased with what I've achieved today — it's fantastic to break the track record and it's something I've really enjoyed