



UK CHALLENGE & BMC NIKE GP FINAL

THE weather was Osaka-like without the sapping humidity, but with a stubborn head-wind in the finishing straight, and the athletes' ambitions glowing as fiercely as the sun – not to mention the Crystal Palace floodlights – throughout almost 11 hours of action.

A local newspaper's preview said this meeting was for athletes who "failed to get to Osaka", but failure was in no one's vocabulary. This day was for athletes determined to get to Beijing next year or London 2012. Though there were the usual absentees who have already ended their season, by and large, actions spoke as loudly as the optimistic words of the wannabes.

Helen Pryer won the 200m and with quiet dignity, devoted her success to her late mother

UK Challenge 2007 statistics

The Challenge series is all about helping athletes improve their performances and move on to the next level; the following 25 athletes have shown the greatest overall improvements in terms of 'Fantastic Four' points scored compared with last season:

Brett Morse (DT)	Katey Read (100H)	Andy Blow (400)
Lloyd Gumbs (400H)	Nick Smith (100)	Nick Gayle (110H)
Conrad Williams (400)	Hayley Wills (400)	Eden Francis (DT)
Emma Lyons (PV)	Jeffrey Lawal-Balogun (200)	Vicky Griffiths (800)
Lawrence Mensah (200)	Phil Nicholls (5K)	Laura Langowski (400)
Ezekiel Ewulo (LJ)	Simon Wurr (3KST)	Graeme Oudney (800)
Elliot O'Neill (TJ)	Helen Pryer (100)	Nicola Bamford (5K)
Henrietta Kodilinye-Sims (400)	Matthew Richards (HT)	Louise Butterworth (PV)
Joey Duck (200)		



**200m Winner
Helen Pryer**

**SATURDAY
25 AUGUST
2007**

**CRYSTAL
PALACE,
LONDON**

**10:30AM TIL
9:30PM**



Final

