

ATHLETICS Glorious treble for Windsor, Slough, Eton & Hounslow AC

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Windsor, Slough, Eton & Hounslow AC were this week celebrating a remarkable league and cup treble.

The ladies dominated their BAL Cup semi-final, finishing 23 points ahead of nearest rivals Blackheath & Bromley Harriers after winning 10 of the 12 events, while Helen Pryer's 23.29 secs win in the 200m beat the Thames Valley Athletics Centre stadium record by half-a-second.